

Pamper Packages

Treat yourself to any of our pamper packages and enjoy complimentary access to our health suite. Take a dip in our indoor pool or outdoor hot tub, enjoy our sauna and steam room, have a hit on our squash and tennis courts, or work up an appetite in our leading-edge gym. Then, when you're ready, head over the road to our spa rooms for some well-earned indulgence.

Half-day pamper

With a choice of the following 60 minute treatments:

- Bespoke facial
- English garden manicure
- Express facial & back, neck and shoulder massage

Rise and shine 10am-1pm

One of the above treatments, with a one course lunch and soft drink.

Tea time, me time 1-4pm

One of the above treatments, with a full traditional afternoon tea and soft drink.

Twilight treat 5-8pm

One of the above treatments, with a one course dinner and soft drink.

£70 per person

Go gold with our gold pamper packages

Push the boat out and indulge in our decadent gold range.

With a choice of the following 60 minute treatments:

- 23 carat gold facial
- Express gold facial & back, neck and shoulder massage
- Liquid gold manicure

Morning sparkle 10am-1pm

One of the above treatments, with two course lunch and glass of bubbly.

Afternoon glow 1-4pm

One of the above treatments, with full traditional afternoon tea and glass of bubbly.

Twilight shimmer 5-8pm

One of the above treatments, with two course dinner and glass of bubbly.

£85 per person

How to book

For spa reservations and information, please call reception on 01684 272300, or email spa@tewkesburypark.co.uk

Treatment appointments require card details to secure your booking, or if you would prefer full payment can be made in advance by cash or bank card.

Cancellation policy

If you have to cancel your treatment with less than 24 hours' notice and we are unable to resell your booking, a full charge will be made.

When to arrive

To maximise your indulgence and avoid eating into your precious treatment time, please arrive 10 minutes before your appointment. Head to the main hotel reception and we'll come to collect you for your treatment.

What to wear

Come along in your normal clothes and we'll provide you with a robe and slippers if you need them. If you're booked in for a Jessica pedicure, don't forget to pack your flip flops.

Health advice

Please let us know when booking if there are any health conditions (including pregnancy) of which you feel we should be aware. This will help to ensure that we offer the most appropriate bespoke treatment for you.

You will also be asked to complete a short health consultation form on arrival to double check that the chosen treatment is suitable for you.

Gift vouchers

Gift vouchers are available for spa treatments and we would be delighted to send them directly to you or the lucky recipient, or alternatively leave them in their hotel room ready for their arrival.

We would also love to have the opportunity to create a bespoke treatment package for you – please call or email us to discuss.

Prices and treatments are subject to change without prior notice



Tewkesbury
Park

Tewkesbury Park, Lincoln Green Lane, Tewkesbury GL20 7DN
www.tewkesburypark.co.uk 01684 272300 spa@tewkesburypark.co.uk




Tewkesbury
Park

Spa Treatment Menu



Natural. Botanical. Chemical-free.

We've partnered with Natural Spa Factory of Bath to create unique treatments that boost you from the outside in.

Facials

23 carat gold facial

Developed with the most luxurious ingredients, this facial uses the perfect combination of sparkling grape leaf, gold, pearl and caviar extract to promote healthy ageing (we don't like the term anti-ageing!). Paraben free, this facial will be loved by all who are looking for firmer, glowing beautiful skin.

60 minutes – £55

Express 30 minutes – £35

Bespoke facial

Your therapist will tailor your facial to your skin's requirements and your personal preferences. Selecting from the NSF Capsule Collection, this bespoke facial range is infused with exquisitely gentle formulations, including rose, tea tree, aloe vera, chamomile, pomegranate, jojoba, sweet almond, green tea and coconut oil. Perfect for normal to combination skin, hormonal skin or those simply requiring a fuss free, calming, healing and caring facial.

60 minutes – £50

Express 30 minutes – £30

Massage therapy

Choose from one of our 4 oils:

Invigorating oil

Packed with marjoram, ginger, clove, spearmint and mint to perk up your mind and ease your muscles.

Calming oil

Crammed with ylang-ylang, evening primrose, sweet orange, raspberry, chamomile and rosehip oils to relax and indulge your senses.

Seaweed oil

An ocean of seaweed, rosehip, raspberry, sunflower, apricot and evening primrose oils – detoxing, vitamin rich and healing, immerse yourself in calm.

Raw virgin coconut oil

Coco nucifera – the only ingredient here! Packed with proteins, vitamin E, perfect for sensitive skin and incredibly nourishing. Oh; it also smells incredible.

Then choose your massage:

Traditional Swedish massage

Relax the body and mind with the most traditional of massage therapies. Muscles are rubbed with long, gliding strokes in the direction of blood returning to the heart.

60 minutes – £60

Back, neck and shoulders 30 minutes – £35

Deep tissue massage

For those of you in need of a little more, try out our deep tissue massage to work deep down to release stubborn knots and intensively relieve muscle tension.

60 minutes – £60

Back, neck and shoulders 30 minutes – £35

Candle massage

Choose from rose, honey or cocoa flower – serene and indulgent, this warming massage will melt away tension and nourish skin with a blend of natural coconut oil, soybean oil and beeswax – all trickled on to your skin from a melting candle.

60 minutes – £65

Body therapies

Detoxing tea wrap

C.S Lewis once wrote that 'Tea should be taken in solitude'. Take a leaf out of his book and indulge in this intensely calming, cleansing and detoxing treatment. A full body polish with argan oil, sweet orange and bergamot is followed by a wrap in green tea, white tea, red tea and mint. The treatment is finished with a green tea and jojoba oil full body moisturise.

70 minutes – £60

The Cleopatra

Legend has it that Cleopatra slept in a gold mask to preserve her youth and beauty. Take a (gold) leaf out of her book with our luxurious full body wrap. Skin is prepped and smoothed with a gold and caviar sugar scrub. You'll be enrobed in a grape leaf extract wrap to plump wrinkles and renew skin cells, topped off with a light and luxurious caviar and gold dry oil glow.

70 minutes – £65

Mayday! seaweed therapy

Drift away on a detoxing raft with our anti-oxidant rich, detoxing seaweed wrap. Starting with an invigorating peppermint scrub, get wrapped up in our mineral rich seaweed – perfect for stimulating the metabolism and flushing out excess fluid. The treatment is completed with a vigorous seaweed oil rub down – leave feeling refreshed, detoxed and as light as a feather.

70 minutes – £60

Paradise lost

Lose yourself in your own faraway escape with this delectable body therapy. A full body coconut and lychee scrub is followed with a relaxing body soak in luxurious coconut oil, massaged into skin from top to toe. You'll be left feeling silky soft, relaxed and recharged.

60 minutes – £55

Seasonal body recharge

Move with the seasons, or create your own perfect combination – choose from our seasonal scrub bar for a full body exfoliation, followed by a candle massage with your choice of aroma. Stuck for inspiration? Here's some of our favourites:

The English garden Wild rose body scrub with rose massage candle.

Peppermint fudge Peppermint body scrub with cocoa flower massage candle.

Honey moon Nectarine and honey body scrub with sweet honey massage candle.

70 minutes – £75

Hands and feet

English garden manicure

Hands are soaked in lavender and aloe bubbles, followed by a relaxing wild rose buff. Cuticles are softened and shaped with rose oil, and hands and arms are moisturised with lavender and aloe lotion. A shape and polish with your preferred Jessica colour completes the treatment.

60 minutes – £45

Liquid gold manicure (includes a glass of prosecco)

Hands are soaked in liquid gold nectar, followed by a gold and caviar hand polish. Hands and arms are treated to a relaxing massage with gold oil, and cuticles are worked with caviar gel. Nails are shaped and finished with your preferred Jessica nail colour.

60 minutes – £50

Peppermint revival pedicure

A cleansing lavender and aloe foot soak is followed by an invigorating peppermint scrub. Cuticles are softened and shaped with rose oil, and legs and feet are moisturised with lavender and aloe lotion. Nails are shaped and finished with your preferred Jessica nail colour.

60 minutes – £45

Honey gold pedicure (includes a glass of prosecco)

Decadent to the end! A soak in liquid gold nectar, followed by a gold and caviar foot buff. A calming foot and lower leg massage with a nourishing honey massage candle melts away tension, and cuticles are softened with caviar gel. The pedicure is completed with your preferred Jessica polish and a caring application of our golden oil.

60 minutes – £50

File and polish

Jessica nail varnish, 30 minutes – £25

Jessica GELeration, 45 minutes – £35

GELeration removal, 45 minutes – £20